



### Booking Form 1

**This form must be completed and returned ASAP.**

**Please return this form to:** (Please remember to sign in two places)

35 Mount Street  
Abergavenny  
Monmouthshire  
NP7 7DT

To complete this form online; download it and e mail it, try using <http://www.nitropdf.com/pdf-reader>

#### Flyers details

Full Name \_\_\_\_\_ Home tel \_\_\_\_\_ Mobile \_\_\_\_\_  
 Address \_\_\_\_\_ Age\* \_\_\_\_\_ Weight (kgs) \_\_\_\_\_ Required!  
 \_\_\_\_\_ Previous experience\* \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ Email \_\_\_\_\_

\* If you are under 18 we must receive a letter of consent from a parent or guardian

\* all outdoor activities are useful information. If you have had previous paraglider training we will require copies of your records/Logs **before** training.

#### Club Membership (15 months included with each booking) & Courses

<b>Tandem Flight</b>	Dual experience lesson with instructor	<b>£119*</b>	<input type="checkbox"/>	with aerial photos	<b>£129</b>	<input type="checkbox"/>
<b>Tandem Flight</b>	with in flight video and DVD	<b>£169</b>	<input type="checkbox"/>	Parahawking	<b>£300</b>	<input type="checkbox"/>
<b>One day Introductory</b>	First day of any course	<b>£150</b>	<input type="checkbox"/>			
<b>Extra Days**</b>	Pay by the day to EP and CP**	<b>£150</b>	<input type="checkbox"/>	inc equipment voucher**		
<b>Paramotor tuition</b>	the motorised part of training	<b>£150</b>	<input type="checkbox"/>			

\*\* £50 Refund Voucher against new equipment package

I have enclosed payment by cheque/P.O  Amount \_\_\_\_\_ made payable to: **Axis Training**  
or by paypal receipt number \_\_\_\_\_ Somebody has paid on my behalf: Name \_\_\_\_\_

I booked via the website my order number is \_\_\_\_\_

\*BHPA membership (one flight) included for tandem flights worth £15.

For all other courses BHPA membership is mandatory and can be taken out **on the day**.

One day intro £15.      Training membership (3 months) £73      Annual membership      £117

I do not require personal accident insurance. **OR** I already have my own cover

#### Booking a date

Preferred start date      First choice (TBC) \_\_\_\_\_      2<sup>nd</sup> choice (TBC) \_\_\_\_\_

We will confirm your date by e mail, and you will then be able to see and check this date in our online calendar  
Always have a date booked in our Diary, You can still book in last minute if you want to keep track of the weather on our forecast

With U.K weather the way it is, the more often you book in and check in the more likely you will get to fly!

We do not mind, and prefer to hear from you, so please stay in contact.

## Axis paragliding booking form 2

### Medical questionnaire

**To be completed by every student or tandem student**

	YES	NO
Do you consider yourself to be in good health?	<input type="checkbox"/>	<input type="checkbox"/>
<b>Are you:</b>		
(a)* fit enough to carry a 10 kg backpack over rough countryside?	<input type="checkbox"/>	<input type="checkbox"/>
(b) fit enough to run over short distances (50m)?	<input type="checkbox"/>	<input type="checkbox"/>
(c) able to sustain a fall onto grass from a run without injury?	<input type="checkbox"/>	<input type="checkbox"/>
(d) able to sustain a feet first impact equivalent to jumping from a chair?	<input type="checkbox"/>	<input type="checkbox"/>
(e)* fit enough to complete a day of moderate hill walking?	<input type="checkbox"/>	<input type="checkbox"/>
(f)* Able to see well enough to drive a car (with or without glasses or lenses)	<input type="checkbox"/>	<input type="checkbox"/>

**If the answer to any of these is NO, then you will not be able to start a course with us.**

If you are on a tandem flight and you have said no to a, e, or f, it may still be possible, but you must discuss this with us first. **This is for your own safety**

**Do you, or have you ever suffered from any of the following;**

(a) Heart disease (including angina) or any other heart condition?	<input type="checkbox"/>	<input type="checkbox"/>
(b) Circulatory problems including high blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>
(c) Epilepsy?	<input type="checkbox"/>	<input type="checkbox"/>
(d) Diabetes?	<input type="checkbox"/>	<input type="checkbox"/>
(e) Severe vertigo or dizziness?	<input type="checkbox"/>	<input type="checkbox"/>
(f) Increased susceptibility to bone breakage or joint dislocation?	<input type="checkbox"/>	<input type="checkbox"/>
(g) Severe skeletal damage with increased risk of injury?	<input type="checkbox"/>	<input type="checkbox"/>
(h) Asthma or other respiratory conditions?	<input type="checkbox"/>	<input type="checkbox"/>
(i) Any Condition/Medication/Operation/Treatment which may affect your ability to participate?	<input type="checkbox"/>	<input type="checkbox"/>

**If the answer to any of the above is YES, or you are unsure please give any history and details below**

### Declaration

**Participant / Student** I certify that the details given above are, to the best of my knowledge correct

Signed \_\_\_\_\_ Date \_\_\_\_\_

Please remember to sign at the bottom of page 3 as well

**Please note; If you are over 55 years of age, or suffer from any illness or injury that may affect you during your paragliding/paramotoring course, then this document should be countersigned by your GP. If your GP will not do this, and you call us and discuss the matter, you may self certify.**

**In the case of over 55 or a medical issue that will affect you this is guidance for your GP  
In order to participate in a paragliding course this person should be;**

- Ⓢ In good health generally
- Ⓢ Be fit enough to walk or run over uneven ground carrying a 10kg backpack up a steep hillside
- Ⓢ Be able to concentrate and reason in a normal manner
- Ⓢ Have average spatial awareness and vision sufficient to drive a car
- Ⓢ Not be taking any medication where the effects may detrimentally affect his/her mental or physical ability.

**If you require more help and guidance, please contact us and we will be happy to assist.**

### Axis paragliding booking form 3

\*This only needs to be completed by your G.P if you have one of our listed causes for concern.

#### Declaration by your G.P/Doctor \*

I certify that the details given above for the participant named \_\_\_\_\_  
Is to the best of my knowledge, correct. I consider this person is in adequate health to participate in a paragliding course

Signed \_\_\_\_\_ Date \_\_\_\_\_

Name of surgery \_\_\_\_\_ Tel: \_\_\_\_\_

#### Booking Conditions

**Course fees.** Please enclose your course fees with this booking form, or pay by credit card on our secure payment section of the website. If you pay by cheque, make it payable to Axis training. This fee entitles you to Club membership of Axis. This membership is valid for 15 months or until your day/flight is completed, whichever is sooner. Membership entitles you to use the Club weather forecasting facilities and booking system.

You must be in credit to book in. If you wish to book for more than one day, you must have enough credit for each day you book.

**Booking in.** You may book in by telephone, email, or text, but you must receive confirmation of your booking.

We will try to confirm as soon as possible. You must be in credit to book in. . If you fail to check in the night before you will forfeit your flight / day!

**Your cancellation.** If you need to cancel a booking for any reason you must give us at least 48hrs notice, in order for us to fill your space. If you do not, and we cannot fill your space you will be charged for the day/flight!

**Our cancellation.** If we have to cancel a course, it will usually be for reasons of weather and your safety, but we reserve the right to cancel for other exceptional reasons. You will simply have to re-book your course at the next available time. There is no charge for this, and due to the weather dependency of this sport, may happen frequently.

**Refunds.** Courses/ flights cannot be refunded, however if you wish to sell or transfer your course you may, but there is a £15 admin fee to do so. The new applicant must fill out a new booking form.

**Aerial and general photography .** If you have booked and paid for photography, we cannot guarantee to always be able to perform this service. If for technical or safety reasons it is cancelled you will be refunded for the photography only, not the flight. All images remain the copyrighted property of Axis paragliding and you agree to their use for commercial purposes by Axis. You may not sell or reproduce images or make copies of images without express permission.

#### Flying Conditions

**To ensure that your course is as safe and enjoyable as possible, it is important that you read and understand these flying conditions.**

I understand that: **Paragliding is a form of aviation, with all of the inherent and potential dangers that are involved in aviation. No form of aviation is without risk, and injuries and death can and do occur in paragliding, even to trained pilots using proper equipment. No claim is made or implied that all sources of potential danger to the pilot have or can be identified. No one should participate in paragliding who does not recognise and wish to personally assume the associated risks.**

I must be a member of the BHPA to be under training, and I must abide by the rules of the association and its Instructors. I understand that as a member I am entitled to third party insurance to the level of 2 million pounds, but that it provides me with NO personal accident cover. I understand that my instructors liability insurance is limited to £50,000 per claim. I understand that it is advisable to have sufficient personal accident insurance and it is my sole responsibility to do this.  
I will not consume ANY alcohol during, or in the 12 hours preceding tuition, or be under the influence, or suffering from the effects of alcohol, or drugs, during my course.

I will come to my course dressed in appropriate outdoor clothing (Strong, grippy soled, outdoor boots with good ankle support. Gloves, Long trousers, long sleeved shirt and jacket, sun cream and will bring lunch and at least 2 litres of water to drink)

I understand that my Instructors decision to cease flying and terminate the course of any student for whatever reason to be final and binding.

I unreservedly indemnify, Axis Paragliding, or its Instructors and staff against any loss, damage or injury caused by me during my participation of the sport or my attendance on a course. (Events not covered by BHPA 3<sup>rd</sup> party liability)

**I have read, understood, and agree to abide by the conditions set out above.**

Signed \_\_\_\_\_ Date \_\_\_\_\_



## Tandem Instructions Please keep these!

The first thing you need to do is complete and return the booking form ( paper version (pdf) – not the online form), and return it either with payment for your course or if you have a gift voucher, just put the name of the person who paid for it on the form, and return it ASAP. You will not be able to book in until we have the form returned to us!

### How do I book in?

All you need to do is to call, e mail or text (sms 07970421373) to put your name in our diary for a specific date. Our bookings calendar is now on the website bookings page, so you can look for yourself. It is best to start doing this as soon as you receive the voucher. Many people leave it for a later period and then forget, or can't get booked in when they want or are stopped by a run of bad weather.

You can book in one date at a time, if your date has to be rescheduled due to bad weather, just book another straight away. The best way to get your flight done is to stay in touch with us on a regular basis, we do not mind and the persistent are always the most successful. A good way if you can be flexible with your time is to call at weather check at the start of the week, and we can give you an overview of weather and availability. (We now have this Info on our website homepage, <http://www.paraglide.co.uk/steves-paragliding-forecast-ezp-12.html> updated frequently.)

### How far in advance do I need to book?

This depends on when it is; our busiest periods are summer weekends, from June to September. At this time it is usually best to book 2 weeks in advance if possible, or 1 week if it is mid-week. The more notice you can give us, the more chance we have of getting the Instructors booked to take you! Out of this period, it may only be necessary to book a few days before, or wait for the forecast, but if you have the time available and you want to come in, put your name in the book, we can only take a limited number per instructor, so it avoids disappointment. During the winter we are usually quieter, and so last minute booking is usually not a problem, especially if you have seen some good weather coming! If you look on our bookings page we have an online calendar where you can see if space is available and check to see your booking has been accepted.

### What kind of weather do I need?

Generally paragliding needs fairly light winds, around 5 -8 mph at surface, generally give us what we need at Mountain level. No rain or large unstable clouds, although overcast and grey days often make excellent smooth conditions! Winter can sometimes give excellent flying conditions, so don't just wait for sunny summer days.

Where will my flight take place? This is often an unknown factor which is decided by the wind conditions on the day. We will arrange to meet you at the nearest meeting point, or for some sites give you directions the night before. We always choose the location to give the best and safest flight in the conditions. It is possible that you may have to travel over an hour from Abergavenny to some of the sites. We are happy to transport you from here, if that is a problem for you. You cannot choose which site to fly from, or decline a site if you are booked in unless you cancel with 48hrs notice. If you only want to fly from one site, you must find out the requirements and keep an eye on our forecasting.

Checking to see if my flight will go ahead? Due to the nature of our business and being governed by weather we do not keep normal office hours, In the summer when its busy we may be still on the mountain till late. We need you to **check in and speak to us between 7.00-7.30.pm the evening before your flight. Please do not call outside these hours.** You should try the office first 01873850111, if not the mobile 07970 421373. If you can't get through (keep trying) or send a text. It is at this time that we will arrange **where to meet and when.** We cannot give you this information until our forecasting has been done as the weather is the deciding factor.

### How long is the flight?

It very much depends on the conditions, If we are able to stay up and soar, we will try to give you about 20-30 mins. However that is not always possible and we try to do our best with the days conditions. Sometimes a flight will be a top to bottom flight, if this is the case we will try to fly you from our bigger sites like the Blorenge, with a 1500' descent, which takes about 8-10 minutes with no lift. It is still a spectacular and stunning flight, and most people can't wipe the grin off their face! **You will usually need to set aside the whole of the day to be available to us!** We cant usually tell you exactly when the flight will happen as its down to weather conditions.

Can I bring the family?

It is usually better not to bring spectators, although we do not mind a partner or friend, if they have been warned that they are likely to be in a remote location, and there is likely to be a lot of waiting around. Please NO DOGS (although we love them). They cause problems for us with landowners and graziers.

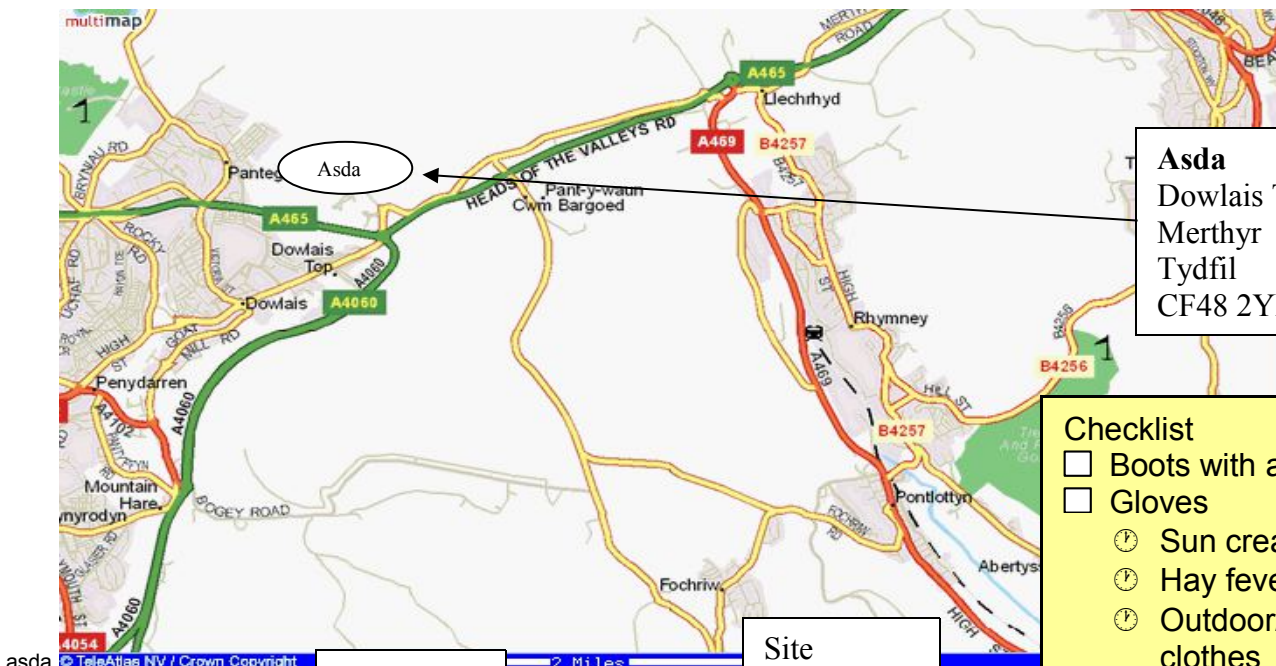
How do I know where to meet you?

When you speak to the Instructor you will be given Instructions and directions where to meet. We do not stick to one meeting place as it depends which site we are using that day. It will often be at a supermarket car park, (a good place to get lunch, water, fuel etc) and is easy to find. Two popular ones are shown below, but do not assume that it will always be one of these.



**Waitrose**  
Merthyr Road  
Llanfoist  
Abergavenny  
NP7 9LL

**LOST?**  
**Call the duty Instructors**  
**mobile**  
**07970 421373**  
**only when urgent.**



**Asda**  
Dowlais Top  
Merthyr  
Tydfil  
CF48 2YF

Flying Site  
Merthyr  
common

Site  
Fochriw  
&  
Bedlinog

- Checklist**
- Boots with ankle support
  - Gloves
  - Sun cream
  - Hay fever tabs
  - Outdoor/Warm clothes
  - Lunch/drink
  - Sunglasses
  - Big Smile
  - Camera